

International Integrative Psychotherapy Association

**-IIPA-**

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**FUTURE TRAINERS  
WORKSHOP**

**FTW**

**COMMISSION FOR STANDARDS  
AND CERTIFICATION**

**-CSC-**

# **FUTURE TRAINERS WORKSHOP**

## **FTW**

The Future trainers workshop (FTW) is designed for certified members who are interested in becoming Integrative Psychotherapy Trainers and Supervisors.

The Future Trainers Workshop is an ongoing process during the International Integrative Psychotherapy Association conference, as the CIIP (Certified International Integrative Psychotherapist) and CIPTS (Certified International Integrative Psychotherapy Trainer and Supervisor) evaluation. It is like an appointment between trainers and future trainers, each 2 years, before the international conference.

One of the aims of this workshop is to welcome and support members in preparing to train and supervise within the International integrative Psychotherapy community. Another aim is to help them identify areas of future professional development in the role of Trainer and Supervisor.

The Future Trainers Workshop is one of the steps required before starting a formal supervised training to become a Trainer, and before being allowed to provide officially qualified training.

The participation on the FTW is going on during all the future trainers and supervisors training.

The workshop is designed to provide in a group format opportunities to exchange programs and methods to assess basic competencies of attendants regarding training and supervision, personal strengths and areas of future development.

*The future trainer and supervisor must have participated in at least 3 FTW before the Certified International Integrative Psychotherapy Trainer and Supervisor (CIPTS) evaluation. After having attended the first one the future trainer and supervisor can start to train and supervise under the tutorship or supervision of her or his principal supervisor. They will acquire the category of Certified International Integrative Psychotherapy Trainer & Supervisor under Tutorship (UT-IPTS) and will be able to prepare candidates for evaluation with the endorsement of the principal supervisor.*

## **Application**

Before the first Participation in a Future Trainers Workshop (FTW), the person who wants to be a future trainer and supervisor must have already chosen a Primary Trainer (CIPTS or CICTS). With the primary Trainer the following areas must be discussed:

- The process of becoming an Integrative Psychotherapy Trainer and Supervisor.
- Agreement to the methods and contents of Integrative Psychotherapy.
- Motivations verified for becoming a future trainer and supervisor.
- Professional preparation.
- A personal training program designed by the future trainer and supervisor.

**Administrative requirements to attend the workshop:**

- Application for attendance.
- Applicant background documentation.
- Acceptance of the IIPA Code of Ethics.
- An active paying member of the IIPA.
- Two endorsement letters: one letter from the principal Trainer/Supervisor; the second one from a certified Integrative Psychotherapy Trainer/Supervisor.
- Curriculum Vitae.
- Present a training program, which includes:
  - Philosophy of training and supervision
  - Content and training methods
  - Duration: frequency of training sessions, workshops, training hours, attendance requirement
  - Trainers in the program
  - Certification for Certified International Integrative psychotherapist and Certified international integrative counselor

**After the 1st Future Trainer Workshop:**

The participants who want to be involved in the training program will be named “Trainer and Supervisor under Tutorship” UT-IIPTS until their Integrative Psychotherapy trainer and supervisor evaluation. The word tutorship refers to an attitude to be protective and promoting personal and professional development of the pupils and underlines the responsibility of the Primary Trainer.

UT-IIPTS role is not a definitive status or conclusive step.

**Between the IIPA Conferences and before each participating FTW:**

The future trainers and supervisors participating for their second or third FTW have to send to the Commission of Standards Certification an evaluation before the next FTW:

- Short CV,
- Summary of their "learning journal". A “Learning Journal” is maintained to facilitate internal awareness of personal and professional needs and improvements. In this journal are written reflections about supervising and teaching, personal experiences, new insights and methods. This is done in an ongoing basis and it is discussed with the main Supervisor.
- Log since the last FTW, including: training activities - the training given and the training received, supervision given as supervisor and received as supervisee.
- Endorsement letter written by the principal trainer.
- Record of active paying member of IIPA.

**At the end of each FTW workshop:**

- The workshop validates each candidate and gives recommendations to be taken into account by the principle Trainer and Trainee.
- The workshop acknowledges and validates the ability of the candidates to teach and supervise and identifies the lines of futures development in the role of Teacher and Supervisor.
- The staff gives each participant written feedback to support future development.
- The candidates will be asked to give written feedback about the FTW workshop, along with suggestions about how we may continue to improve the Future Trainer Workshops.
- The candidates write a self-evaluation.
- The candidate discusses the feedback and his/her self-evaluation with his/her principle Trainer/Supervisor and constructs a plan for development.
  - During this period the person is expected to attend International training, workshops of teaching and supervising development, at least three within a five-year period. Each time it is possible he/she will be evaluated in each workshop he/she presents, during the IIPA conference.
  - The candidate is also active during the CIIP evaluation as an evaluator or an observer and maintains active involvement with IIPA's scientific and training projects.
  - Keeps active payment of IIPA fees which is required to maintain this status.
  - Respects and acts in professional activity based on IIPA ethics code and philosophy.