

International Integrative Psychotherapy Association

**-IIPA-**

[www.integrativeassociation.com](http://www.integrativeassociation.com)



**COMMISSION FOR STANDARDS  
AND CERTIFICATION**

**-CSC-**

## **ELEMENTARY CERTIFICATION ROUTE**

### **FOR PSYCHOTHERAPY AND/OR COUNSELING**

Application for Route 2.3- for the Elementary Certification Route, besides the basic studies that allow the candidates to practice in their country (Psychology, Medicine or equivalent training), it is required:

- Integrative Psychotherapy Training (at least 480 hours. Over a period of 4 years).
- Supervision (at least 150 hours).  
Of which 80 h of Integrative Psychotherapy with CI IPTS /CI ICTS.  
Minimum of 40 h with primary supervisor.
- Personal Psychotherapy (at least 300 h). Of which 50 h Integrative Psychotherapy. Minimum 80 h individual psychotherapy.
- A minimum of 2 years of Clinical Practice (at least 600 h).  
Of which 400 h of Integrative Psychotherapy.  
Of those 400 h (minimum 50 h group work and 50 h individual work).

## **CERTIFICATION ROUTE**

### **FOR EXPERIENCED PSYCHOTHERAPISTS/COUNSELORS**

- Have completed a major psychotherapy/counseling school (e.g., Transactional Analysis, Psychoanalytic, Gestalt, Cognitive Behavioral) or equivalent
- Training in major school of psychotherapy/counseling should be compatible with requirements described for elementary psychotherapists/counselors. This means they have completed the necessary amount of training, personal psychotherapy, supervision and have completed oral and/or written examination.
- Specific Training Requirements in Integrative Psychotherapy include:
  - Minimum of 180 hours of training in an Integrative Psychotherapy training program over a period of four years.
  - The training program should comply with this document's criteria and the trainer should be an IIPA recognized CIPTS or CICTS.
  - Minimum of 50 hours of Integrative Psychotherapy supervision with an IIPA recognized CIPTS or CICTS and minimum of 75 hours of personal psychotherapy with an IIPA recognized CIPTS or CICT.
  - Demonstrates competence and knowledge of IP. This will be determined through the evaluation workshop held at the biennial International Integrative Psychotherapy conference. A small dissertation based on a case study will be required. It should include an IP theoretical approach that illustrates the concepts of integration and the application of IP methods.

## REQUIRED DOCUMENTATION

Applicants must provide directly to the IIPA CSC the following:

- Applicant's Background Documentation (Form B-4.1). (Amount of training and supervision with relevant documents).
- Acceptance of IIPA Ethical Standards (Form B-4.2).
- Application Form – Certified International Integrative Psychotherapist or Counsellor (CIIP or CIIC) (Form B-4.3).
- Curriculum Vitae.
- Two Recommendation Letters. (At least one from an IIPA CIPTS or CICTS).

All this documentation and forms should be sent to:

Bibiana Martin Corcuera: [jabibi@telefonica.net](mailto:jabibi@telefonica.net). Copy to Sally Openshaw:  
[sallyopenshaw@gmail.com](mailto:sallyopenshaw@gmail.com)