



**International Integrative Psychotherapy Association's
9th Biennial International Conference
at "The Corum" in Montpellier, France**

March 21, 22 & 23 — 2019

Conference Theme:

**Attunement and Involvement:
The Art and Science of Integrative Psychotherapy**

This 9th International Conference will present the philosophy, theories, and methods of a Developmentally Based, Relationally Focused, Integrative Psychotherapy as conceived by Richard G. Erskine, PhD and Associates of the Institute for Integrative Psychotherapy, founded in New York City in 1976. In this conference we will explore both the centrality of a healing therapeutic relationship and the art and science of facilitating our client's internal integration of affect, physiology, cognition, and behavior. This conference will include a variety of theoretical presentations, demonstrations of various therapeutic methods, case discussions of therapeutic work with actual clients, and an exploration of the philosophies and ethics of Integrative Psychotherapy.

Pre-conference activities: March 18,19 & 20, 2019

Discounted prices for Early-Bird conference registration begins June 1, 2018 and ends November 15, 2018

Monday afternoon, March 18

- 15:00 - 19:00** **Commission of Standards and Certification.**
Sally Openshaw, Chairperson.
- 19:00 - 20:00** **Welcome to the Candidates participating in the Trainer's and Supervisor's Evaluations.**
- 20:00** **CSC Members informal encounter.**

Tuesday, March 19

- 9:00 - 15:30** **Trainer and Supervisor's Day.**
ROOMS: Einstein + Sally 1, 2, 3 & 3bis
- 9:00 - 9:15** **Opening: Sally Openshaw.**
- 9:15 - 10:00** **A Curriculum for Teaching Core Concepts in Relationally Focused Integrative Psychotherapy.**

Members of IIPA's Curriculum Committee will present a standard curriculum on Relationally Focused Integrative Psychotherapy which will serve as model for training programs that prepare candidates for certification as Integrative Psychotherapists and Counsellors. This presentation is designed for all trainers and future trainers.

- 10:00 – 11:00** **Trainers' and Future Trainers' Discussion.**

A group discussion about the content and necessary variability in the Standard Curriculum the styles and levels of teaching, the philosophy of training relationally, and the ethics of training.

This discussion session is for all trainers and future trainers.

- 11:00 – 11:15** **Coffee break**

- 11:15 - 13:00** **Trainer's and Supervisor's Evaluation.**

A Relational Group Process about content, style, levels, ethics, and the philosophy of training psychotherapists or counsellors in a Relationally Focused Integrative Psychotherapy.

This session will be devoted to the "teaching" portion of the evaluation. However, there will be no direct teaching. Instead will be small group discussions on the philosophy and methods of training, the concepts and methods that the trainer will use, and how they may modify the Standard Curriculum to fit their unique circumstances.

11:15 -13:00 **Future Trainer’s Workshop coordinated by Pauline Daver and Christine Huillier (France).**

All future trainers are required to attend this educational workshop that will consist of discussions about the training curriculum and how to adapt it to various training situations, styles of supervision, ethics, and how to assess one’s readiness for certification.

13:00 – 14:00 **LUNCH BREAK.**

14:00 – 15:30 **Trainer’s and Supervisor’s Evaluation — continued.**
Working on the conclusions. Time for feedback

14:00 - 15:30 **Future Trainers’ Workshop — continued.**

15.30 - 16:00 **COFFEE BREAK.**

16:00 - 17:00 **Meeting for all Certified Members who will be serving as Evaluators during the evaluations on Wednesday.**

17:00 - 17:30 **Pause, a time to chat with colleagues.**

17:30 - 18:30 **Pre-Evaluation Meeting. Sally Openshaw and CSC members.**
This one-hour meeting is for all candidates who will be presenting their psychotherapy and counselling work for Certification.

20:00 – 22:00 **Dinner for Evaluators.**

Wednesday, March 20

8:30 - 12:30 **Psychotherapist and Counsellor Evaluations: Group One.**

9:00 - 18:00 **The Fundamental Theories and Methods of a Relationally Focused Integrative Psychotherapy conceived by R.Erskine and Associates — a one-day course for all attendees**

This all day fundamentals course provides an overview of the theory and methods of Integrative Psychotherapy. It is an excellent introduction for those new to the models of Integrative Psychotherapy, as well as a valuable review for those already familiar with the theories and methods of a relationally focused, developmentally based Integrative Psychotherapy. Topics that may be covered include: the History and Philosophy of Integrative Psychotherapy; the theories of Motivation, Personality; and Methods: the methods of Inquiry, Attunement, and Involvement; Life Scripts; and Relational Needs.

All conference participants are encouraged to attend one of the Fundamentals courses on Wednesday even if you have had previous training in Integrative Psychotherapy. This course is intended to be a review of salient concepts.

Annie Dufreney (France) and Brigitte Rota (France)

SALA: Sully 3 (50)

Pauline Daver (France) and Olga Chiappini (France)

SALA: Sully 1 (50)

Karen Cesarano (UK) and Carl Nassar (USA)

SALA: Sully 2 (80)

12:30 - 13:30 LUNCH BREAK.

13:30 - 17:30 Evaluations continued: Group Two.

18:00 - 19:00 Evaluation Debriefing.

13:30 -19:00 Registration Desk Open. Please register for the conference today if possible and allow plenty of time on Thursday morning, before 9 am, to sign-up for your translation receiver.

Thursday, March 21

08:00 - 09:00 Registration of Delegates.

Please arrive at least 40 minutes early to allow time to register. There will be a separate desk where you can obtain your headsets for the translation.

The International Integrative Psychotherapy Association is ethically committed to preserving the welfare of our members and the people that our members professionally serve. This 9th International Conference will be composed of sessions devoted to either discussions of psychotherapeutic practice or workshops that will include demonstrations of actual therapy.

In this conference of professional psychotherapists, the Board of Trustees of the IIPA request that attendees abide by the code of ethics of their professional jurisdiction. We remind you of the importance of both confidentiality and respect for the rights and dignity of all.

By registering to attend this conference you are agreeing to maintain confidentiality both inside and outside the conference structure, and uphold and respect the rights and dignity of all other attendees.

ROOM: Auditorium Einstein

- 09:00 - 09:15** **President's Welcome: Joshua Zavin (USA).**
- 09:15 - 9:50** **Keynote Speech by Christine Huillier (France).
"Attunement and Involvement in Integrative Psychotherapy:
Let's Talk About It"**
- 9:50 - 10:30** **Keynote Speech: "My Journey as an Integrative Psychotherapist". Carol Merle Fishman (USA).**
- 10:30 - 10:45** **The IIPA Professional Achievement Award given to Lise Small (France).**
- 10:45 - 11:00** **Announcements and Conference Information.**
- 11:00 - 11:30** **Coffee Break.**

Thursday Morning, March 21

11:30 - 13:00 **Ten Workshops of 1½ hours each.**

1 – "Attunement and Involvement in the Psychotherapy of Cumulative Neglect". Catherine Coulon (France).

ROOM: Barcelone Room (30)

This workshop will include a case presentation that illustrates the effect of cumulative neglect in childhood and the importance of respect in psychotherapy. We will focus on the philosophical principals and ethics of Integrative Psychotherapy. I will demonstrate how I used involvement, harmony, and presence with my patient to create a secure and reliable relationship. Our therapeutic context allowed her to rediscover the memory of the traumatic events of her childhood and integrate them in a coherent manner that give meaning to the way she shaped her personality. The patient paints pictures and uses them to express the different steps of her psychotherapy. Some of these paintings will then be used in this workshop.

Catherine Coulon is Trainer & Certified Supervisor in Integrative Psychotherapy. She conducts psychotherapy with adults, adolescents and children, individually and in groups, in Bourg St Maurice - Savoie (France). She also practices as a speech therapist and relaxation therapy (sophrologist). She teaches Integrative Psychotherapy at IAT Lille - (ES-PRI-AT: Specialized School in Relational and Integrative Psychotherapy - Transactional Analysis)

2 – “Anger in Therapy: From Fusional Relationships to Individuation”. Maryse Chabrol (France).

ROOM: Louisville (30)

The client will transfer on to the therapist his or her early fusional relationship with parents or other significant people hoping to get free from emotional and relational discomfort. In this workshop we will look at anger as an ally to allow the client to move towards his or her authentic self, and at what this implies on the therapist part regarding attunement and involvement. We will also focus our attention on the fusional relationship traps for the therapist and how we can avoid them.

Maryse Chabrol is a Trainer and Certified Supervisor in Integrative Psychotherapy under tutorship. She conducts psychotherapy with adults, adolescents and children, individually and in groups, in Chambéry - Savoie (France). She teaches Integrative Psychotherapy in Chambéry.

3 - “Helping Children to Integrate Feelings, Body Sensations, Thoughts, and Behaviors”. Chris Redfern (UK).

ROOM: EINSTEIN (30)

This workshop will focus on how to work creatively with children to identify and facilitate internal integration of affect, physiology, cognition and behavior by using attunement and involvement. Through active participation by workshop members, we will use a set of cards designed to help children to identify and express their feelings and thoughts so they have the opportunity to understand and modify their behaviors. Child and therapist set out on a journey of discovery where Attunement and Involvement are critical to healing and integration.

Chris Redfern has been a teacher and psychotherapist who has worked with children for forty-three years in primary and secondary schools.

4 “Love, Intimacy, Integration” Florentina Mandoc (Romania)

ROOM: Sully 1 (50)

In this presentation we will explore the ability to love through the concepts of identity, contact, relationship and attachment. We will see how perception and experience of intimacy and love is different in narcissistic, borderline and schizoid personalities. We will discuss the concepts developed by Erskine, Guntrip, Kernberg, and Masterson.

Florentina Mandoc is an integrative psychotherapist working with adults in a private practice in Romania. She strongly believes in the healing power of integration and is passionate about helping her clients find their way to love”.

5 - “Are You An Addict? Soothing Your Addictive Mind, Attuning to Your Open Heart”. Carl Nassar (USA).

ROOM: Sully 2 (80)

We’re all addicts of sorts. Whether it’s the external addiction (alcohol, money, busyness) or the internal one (minimization, rationalization, dissociation), we all find ways to keep ourselves distracted. In our distractions, we miss what’s most precious in life: attunement and involvement with ourselves and one another. This is a workshop about the transformation from the addictions of our minds (and lives) to the world of human experience that awakens as we open our hearts.

Carl Nassar, PhD., CIIPTS, is a therapist, trainer, and president of Heart-Centered Counseling, a group practice consisting of 70 therapists and 5 psychiatrists increasing access to mental health care.

6 - "Changing the Brain: Update". Tanya Wulff (Canada).

ROOM: Sully 3 (50)

How can you use the latest neurobiological knowledge to make your practice of Integrative Psychotherapy more rewarding and interesting? Treat clients with depression and trauma more effectively based on recent research on brain function and brain plasticity? Use the subconscious mind to facilitate your own and your clients’ healing processes? In this workshop we will review of research, have a demonstration, and engage the audience in participation and discussion.

Tanya Wulff, MD is a child, adolescent and adult psychiatrist practicing in Vancouver and on Vancouver Island in British Columbia. She continues to enjoy studying and practicing Integrative Psychotherapy, and exploring interests in general medicine and psychiatry, nutrition and neurology.

7 - “Psychotherapy in Adolescence”. Yarima Etxeberria (Spain).

ROOM: Sully 3 bis (30)

Crisis, development, learning, emotional intensity, family, limits, self-definition, rebellion... Adolescence! Psychotherapy with adolescents requires attunement with their developmental needs, resonance with their affections, and involvement with their process of growing and making choices. If, in addition, we work with the entire family group ... that requires art. We will raise some reflections and share our professional experiences about clinical work in this stage of life.

Yarima Etxeberria is a psychologist, psychodramatist, and a Certified Integrative Psychotherapist. She is a member of the Professional Development Seminar in Bilbao. She works in Bilbao with adolescents, adults, and families, in both clinical and community fields.

8 - “Fostering Contact-in-Relationship through Therapeutic Presence” Luca Pinto (Italy)

ROOM: Tibériade (30)

I think of the therapist's presence as a kind of relational 'glue' that creates a safe bond between us and our clients; it has strong nurturing qualities and lets our clients know that we accept them fully and that we take them seriously. Our presence communicates to our clients that their stories and needs are important and that they have an impact also on us as therapists. Participants in this workshop will be presented with a selection of carefully chosen experiential exercises designed to enhance their capacity to be fully present both within themselves and for their clients. These will be followed by a live demonstration and a group discussion on the methods used.

Luca Pinto, MSc, is a Counsellor (ITA) and Psychotherapist (UK). He is UKCP Registered and Certified Integrative Psychotherapist (CIP). He has worked in private practice and the voluntary sector with individuals and couples for over 25 years. He currently lives in Rome.

9 - “Integrating the Methods of Integrative Psychotherapy with a Sensorimotor Approach”. Isabelle Nuboloni (Italy).

ROOM: Joffre D (30)

This workshop will focus on the resolution of early traumatic experiences. We will discuss a clinical case in which the therapeutic process integrates the contribution of P. Levine and B. Van Der Kolk to the reconstruction of neural connections. We will also discuss how Attunement and Involvement facilitate and promote the process of integrating affect, physiology, cognition, and behavior of the client. We may do an exercise of personal exploration.

Isabella Nuboloni lives in Rome and has worked with individuals and couples in private practice for over 25 years. She is a certified Transactional Analysis and certified trainer and supervisor in Integrative Psychotherapy. Since 2012 she has been associated with the Institute of Integrative Psychotherapy in Bucharest.

10 – “Shall I tell This to My Supervisor?”. Masa Zvelc (Slovenia).

ROOM: Joffre 5 (30)

The theme of the workshop is nondisclosure, concealment, and resistances in psychotherapy supervision. The research shows that majority of supervisors, at least sometimes, conceal or distort information. Between 30 to 40 % of supervisors do it often. The emphasis of the workshop will be on participants' own experiences of their inner struggles, connected to nondisclosure in their supervision. We will also discuss an impact of attuned and involved supervisor on the process of (non) disclosure.

This workshop is recommended for all those who will be providing supervision in Integrative Psychotherapy as well as those who are receiving supervision.

Maša Žvelc is psychologist, doctor of applied psychological science, integrative psychotherapist, and international trainer and supervisor. She is cofounder of Institute for integrative psychotherapy and counselling, Ljubljana, where she leads training in integrative psychotherapy and supervision. For her doctorate study she researched the supervision process.

13:00 - 15:00 Lunch break

Thursday Afternoon, March 21. 15:00 - 16:30

At this conference we are inaugurating a program design that reflects our relationally focused community of psychotherapists' and counsellors' willingness to learn from each other. On Thursday afternoon we will have several Case Consultation groups. When attending Case Consultation Groups participants are requested to bring cases from their own psychotherapy and counselling practice to these small group discussions. We encourage active participation and group discussion. Some groups may have a specific theme, others may address general issues in psychotherapy and counselling. Each of these groups will be facilitated by a Certified Integrative Psychotherapist. The individuals running each of these group are participating in IIPA's evaluation process.

There are 10 sessions in this time period: six are 90 minute Case Consultation Groups and four are 90 minute workshops.

1 - Case Consultation Group: "Attunement and Phenomenological Inquiry in the Therapeutic Relationship". Mar Gómez Masana (Spain).

ROOM: Barcelone (30)

2 - Case Consultation Group: "Treating Trauma and Developing the Self". Claudine Adjagba (France)

ROOM: Louisville (30)

3 - Case Consultation Group: "Treating Internal Criticism and Obsession". Feli Pérez de Onraita (Spain).

ROOM: Sully 3bis (30)

4 - Case Consultation Group: “Working with Transference and Counter-transference”. Izaskun Andollo (Spain).

ROOM: Tibériade (30)

5 - Case Consultation Group: “The essence of the Psychotherapeutic Relationship, the heart, the soul, and the ethics”. Mercedes Pedreira (Spain).

ROOM: Joffre 5 (30)

6 - Case Consultation Group: “The Art and Skill of Developmental Attunement”. Blanca Robles (Spain).

ROOM: Joffre D (30)

7 - Workshop: “Holding and Attunement in an Involved Therapeutic Relationship: The Gist of a Healing Process” Sylviane Eckert (France).

ROOM: Einstein (30)

In this workshop we will discuss Winnicott’s concept of "holding" and draw the parallel between the quality of the psychotherapist's presence, involvement, and attunement in the therapeutic relationship. We will compare the psychotherapist's involvement with the relationship between a mother and young child. The "good enough" mother and the therapist are both working to nurse and to help the child (the client’s Child) to grow, for the Self and the individual’s identity to emerge in a sense of both unity and singularity. In this workshop we will illustrate this theory with some case examples and via experiential exercises.

Sylviane Eckert is a Clinical psychologist, psychotherapist, and instructor. She has been an independent professional for 12 years with children, teenagers and adults. She has 15 years of experience as a consultant and instructor for companies and in team coaching. She has worked in several healthcare establishments. Certified in Integrative psychotherapist, she also has a degree in the techniques of Gestalt Therapy and Psychodrama.

8 - Workshop: “Enhancing Client’s Inner Contact: The Integration of Internal Splits Through Mindfulness”. Petra Tekavec (Slovenia).

ROOM: Sully 1 (50)

Mindfulness can be used in Integrative Psychotherapy as a tool that will enhance the client’s inner contact, and thus, access to the split-off parts of himself. However, it should be embedded in a safe therapeutic relationship that invites and guides the client into deeper self-awareness (of affect, thoughts, body sensations, and behaviors) and that helps him or her to understand and integrate split-off self-parts. We will begin with a definition of Mindfulness, research findings, and how to use it in therapy. In the second part, we will do a Mindfulness exercise and discuss how participants could integrate it in their therapeutic work.

Petra Tekavec holds a Bachelors degree in Psychology and Masters degrees in Psychological Counselling from Columbia University, New York. She became a Certified Integrative Psychotherapist in 2017. Petra has been living and working with culturally diverse clients in the USA, Romania and France in the field of Counselling, Organizational Development and Psychotherapy. She has recently repatriated back to Slovenia and works in private practice.

9 – Workshop: “Self-Compassion: Developing a Secure Inner Relationship”. Gregor Žvelc & Maša Žvelc (Slovenia).

ROOM: Sully 2 (80)

Self-compassion is defined as being touched and open to one’s own suffering and relating to ourselves with a non-judgemental understanding of one’s failures and inadequacies. The methods of Integrative Psychotherapy provide a relational base for development of self-compassion and secure inner relationship. In this workshop we will focus on development of self-compassion in our clients as well as in psychotherapists. We will build bridges between Integrative Psychotherapy and current science of compassion and mindfulness.

Gregor Žvelc is a clinical psychologist and an International Integrative Psychotherapy Trainer & Supervisor. He is director of the Institute IPSA in Ljubljana and co-editor of International Journal of Integrative Psychotherapy. He is also associate professor in the department of psychology at University of Ljubljana and University of Primorska, Slovenia.

Maša Žvelc is psychologist, Integrative Psychotherapist and International Integrative Psychotherapy Trainer & Supervisor. She is co-director of Institute for Integrative Psychotherapy and Counselling (IPSA) where she co-leads trainings in Integrative Psychotherapy.

10 - Workshop “Unconditional Presence and Therapeutic Involvement”. Lily Wessel (France).

ROOM: Sully 3 (50)

Some clients need a unique type of involvement and attunement that requires us to go beyond the usual frame of our therapy practice and to respond to his or her specific needs. Such involvement means that we may have to take the initiative and go where the client is, to be responsive in the distinct way he or she needs. When we respond in these unusual ways, do we know what we are doing and why? Can we permit ourselves to change the style or structure of our usual practice? To what extent can we be involved? How do our ethics and personal boundaries affect our presence and involvement? This workshop will address these vital questions Let’s talk together about these particular unusual clients. Please bring your questions and examples from your own therapeutic practice

Lily Wessel is a certified Integrative Psychotherapist, on the way to become a certified Integrative Trainer and Supervisor. She has a private practice in Valence and Die, France where she conducts psychotherapy in French, English, or Dutch.

16:30 – 17:00 Coffee Break.

Thursday Afternoon, March 21 17:00 - 18:30

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There are 10 sessions in this time period: six are 90 minutes Case Consultation Groups and four are 90 minutes workshops.

1 - Case Consultation Group: “Medication or Psychotherapy? What Does the Client Need?”. Itziar Martínez (Spain).

ROOM: Barcelone (30)

2 - Case Consultation Group: “Affect attunement in the transference-countertransference dynamic”. Lison Robichon (France).

ROOM: Louisville (30)

3 - Case Consultation Group: “Working with Borderline presentations”. Maria Luisa de Blasio (Italy).

ROOM: Einstein (30)

4 - Case Consultation Group: “Working with adolescent clients: contact in Relationship. A vision to enable the narrative itself”. Tali Sanchez (Spain).

ROOM: Joffre 5 (30)

5 - Case Consultation Group: “Relational Needs”. Bibi Martin (Spain).

ROOM: Sully 3bis (30)

6 - Case Consultation Group: “The body in psychotherapy”. Maika Alonso (Spain).

ROOM: Tibériade (30)

7 – Workshop: « Giving brilliance to your diamond » Valérie Perret-(Switzerland)

ROOM: Joffre D (30)

This workshop presents the Diamond: the model of Self in Relationship, which describes different dimensions of the human being: the body and émotions, the behaviors and relationships, the cognition and fantasies. The more the therapist's is open to contact the more he/she will be attuned to the client. During this workshop we will explore our personal experiences and share our reflections about the model of « Self in Relationship »

Valérie Perret is Trainer-Supervisor in Integrative Counselling under Tutorship, Trainer-Supervisor in Transactional Analysis under contract (PTSTA-C) She has an independant practice in individual therapy, group- and couple therapy. She lives and works in Switzerland.

**8- Workshop: “Cooperation: Attunement, Involvement, and Relational-Needs”.
Christiane Froidevaux (Switzerland) and Frederic Bach (France).**

ROOM: Sully 1 (50)

Cooperation is an encounter where we feel the link and the sense to be with the other one. In this workshop we shall examine together how partnership, may it be professional or conjugal, is affected. Through our exchanges, starting from your own experiences and relational needs as frame of analysis, we will determine tracks to feed our future encounters.

Christiane Froidevaux, psychosocial counsellor, Transactional Analysis trainer and supervisor, trained in Integrative Psychotherapy for 8 years with Richard Erskine.

Frédéric Back is a Psychotherapist, provisional Transactional Analysis Trainer and Supervisor who is also a Certified Integrative Psychotherapist. Fred and Christiane have been working together for 6 years.

9 - Workshop: “Attunement and Involvement in Psychotherapy of Shame”. Florence Debord and Viviane Dubos (France).

ROOM: Sully 2 (80)

Shame is encountered in several personality structures and is present at any age. This particular feeling requires a subtle and delicate therapist position. With a clinical case, **we** will elaborate on the characteristics of shame and **the** therapeutic response. **We** will pre-

sent the main moments *where--* involvement and attunement have been particularly therapeutic and *we* will make a link with the shame treatment concepts developed by Richard Erskine

Florence Debord is a psychologist, psychotherapist, and psychodramatist. Since 2001 she works with both children and adults, individually or in groups. Florence began her training in Integrative Psychotherapy with Richard Erskine in 2011, and was certified in Milan in 2017. She is invested in the humanistic values of Integrative Psychotherapy and wants to disseminate them through training and supervising other psychotherapists.

Viviane Dubos is a clinical psychologist and a Certified Integrative Psychotherapist. She also has been trained in PNL and Expressive Therapy. Her experience of expatriation in Shanghai and Singapore during 15 years made her specialize in Attachment-, Identity- and Belonging issues. She also intervenes in SOS International in crisis situations and treatment of Post-Trauma Stress- Disorders.

10 – Workshop: “The Art and Science of Attunement: Transformation Through the Therapeutic Process”. Brigitte Rota (France).

ROOM: Sully 3 (50)

Attunement is a relational process that addresses the vitality of the client, activating positive changes in the client's self-esteem. Can it activate inertia, passivity, script reinforcement? In which conditions can attunement invalidate the creative process of the authentic Self? Attunement must grow, expand, take different paths during the therapeutic process so that it can sustain creativity, life choices and relinquish of the past. I will talk about my interruptions of attunement in psychotherapy.

Brigitte Rota is Clinical psychologist, psychotherapist Trainer and supervisor in Integrative psychotherapy from Marseille, France. She uses body mediation and plastic arts to foster change in the therapeutic process as well as teaching and supervising the practice of professionals in the Psychotherapy, Health and Education fields.

18:15 - 19:30 Thursday 21rd Evening: Welcome Reception, Cocktails. Awarding of Certificates: Sally Openshaw. Celebration of those who were certified in psychotherapy and counselling. Come and party with all of us.

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| Friday, March 22 |
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Friday, morning March 22

9:00 - 10:45 **1st half of 10 workshops. 3 & 1/2 hours each.**

10:45 - 11:15 **Coffee break.**

11:15 - 13:00 **2nd half of the workshops.**

1 - “Authenticity and Vulnerability: Two Essential Components of Therapeutic Attunement and Involvement”. Pauline Daver (France).

ROOM: Barcelone (30)

To be attuned and involved in our psychotherapy work with our clients we must be in full contact with both ourself and the client. What happens if the psychotherapist is not in contact with his/her authenticity and vulnerability? As a psychotherapist, our authenticity and vulnerability determine the quality of our attunement and involvement. I will present how the psychotherapist's authenticity and vulnerability shapes the art and science of Integrative Psychotherapy. I will present links with theory and clinical practice and engage the participants in a group discussion.

Pauline Daver is a psychotherapist certified in Integrative Psychotherapy (CIIP) and a certified Integrative Psychotherapy Trainer and Supervisor (CIPTS). She is also trained in Transactional Analysis. As a psychotherapist, she works in private practice with adults and groups in Paris. As a trainer and supervisor, she is in charge of a psychotherapist training curriculum in Lille IAT Institute and has her own practice.

2 – “Memory Reconsolidation: New Therapeutic Directions in Changing Life Scripts”. John Hallett (Canada).

ROOM: Louisville (30)

Helping a client to uncover the unconscious early emotional learning that leads to script formation is a complicated process. While it can be fairly easy to identify core script beliefs, how the early emotional learning unconsciously guides current everyday life can take a long time to uncover. I will present a paradigm that makes the process of inquiry into early emotional decisions clearer and shows how to bring them into conscious awareness where they can be transformed. My ideas about this therapeutic process have been aided by the concept of memory reconsolidation.

John Hallett is a registered psychologist with 40 years of experience as a psychotherapist; he is a founding member of the IIPA, a past Board member and a current Trainer and Supervisor. He lives in Vancouver where he has a private practice.

3 - “Ethics?... Conflicts! ... and Beyond...”. Karen Cesarano (UK) and Rachel Di Vezza (Italy).

ROOM: Einstein (30)

Ethics, a cornerstone in our professional practice, is rarely discussed. This workshop aims to suggest the concept of an “active ethics” as opposed to a “passive ethics”. We will explore through exercises and through our sharing of professional ethical dilemmas how this different ethical stance brings us to a relational understanding and integration within the domains of the self as conceptualised in Integrative Psychotherapy of Ethics.

Karen Christine Cesarano is a Psychologist, Supervisor/Trainer in Integrative Psychotherapy and a provisional Supervisor Trainer in Transactional Analysis. Karen has a private practice in UK and is tutor/supervisor at the Wealden Institute East Sussex, and Integrative Psychotherapist tutor at Logos Institute Italy.

Rachele Di Vezza is a Clinical Psychologist, Supervisor/Trainer in Integrative Psychotherapy and a Certified Transactional Analyst. Rachele has her private practice in Italy, is a supervisor in an institute for abused/ill-treated children, and a supervisor of teachers, counsellors and psychotherapists in group and individual settings.

4 – “The art of attuning to the shame of sexuality”. Sally Openshaw (UK).

ROOM: Sully 1 (50)

This presentation will focus on how shame can have an impact on our natural development of sexuality and create a break in contact with ourselves and others. Our discussion will expand awareness of the manifestation of subtle presentations of shame and the delicate balance required as therapists to open the shame into contact and resolve the impact. The learning will be achieved through experiential activities, discussion and observed live case demonstration.

Sally Openshaw is a Sexual and Relationship Psychotherapist as well as a Certified Trainer and Supervisor in Integrative Psychotherapy. She specializes in working with the impact of sexual addiction and trauma on individuals and couples.

5 - “Exploring Concepts and Methods of Integrative Psychotherapy”. Richard Erskine (Canada).

ROOM: Sully 2 (80)

This workshop is for people who have never experienced a training workshop with Richard Erskine. It is an opportunity to explore various concepts and methods of Integrative Psychotherapy. Come with your questions, your professional doubts and successes, and/or a case to present for consultation. There may be a live therapy demonstration and an opportunity for a discussion of the theory and methods used in that demonstration.

Richard G. Erskine, PhD, has been the Training Director of the Institute for Integrative Psychotherapy since 1976. He conducts several international training programs and workshops where he teaches the concepts and methods of Integrative Psychotherapy.

6 -

“The Explicit and Implicit Dance of Involvement and Attunement”. **José Manuel Martínez (Spain)**.

ROOM: Sully 3 (50)

Integrative Psychotherapy intertwines at a relational and intersubjective level conscious verbal relating, non-verbal relating and non-linguistic or non-symbolized aspects of experience. The latter may be communicated through the ongoing client’s body experience and may resonate in the therapist body. Working through might involve an attuned and involved relationship aimed to introduce symbols at the tissue level of experience. I will invite the participants to dance between these levels of experience.

Dr. José Manuel Martínez is a Psychiatrist, MD, IIPTS and TSTA. Pepe works with children, adolescents and adults and is the Director of the Institute of Transactional Analysis and Integrative Psychotherapy (IATPI) in Valladolid, Spain.

7 - **“Loss, Loneliness, and the Brain”**. **Tom Burton and Valerie Sim (Canada)**.

ROOM: Sully 3bis (30)

Participants will learn the impact of loss and loneliness on an individual, how the brain may be over or under-sensitized to stressors, and how healing relationships in integrative psychotherapy can empower individuals to process loss. We will share cases studies of psychosomatic illness that resolved upon recognition of underlying stressors. We will give a live therapy demonstration of how integrative psychotherapy can resolve loss and loneliness. This will be followed by a discussion of the theory and methods.

Tom Burton is a member of the Integrative Psychotherapy Professional Development Seminar in Vancouver. He is passionate about imparting to clients that which he has gained through personal experience/teachings of relationally focused integrative psychotherapy.

Valerie Sim, MD (neurology), is a clinician scientist with expertise in cognitive neurology. She is passionate about helping patients understand how brain physiology can influence their behavior.

8 - **“Working with Resistance: A Relational Integrative Point of View”**. **Nataliya Yehonska- Spencer (Ukraine)**.

ROOM: Tibériade (30)

Resistance... Nobody likes to be hurt...“resistance” or “reluctance”? I invite you to take a look into universal phenomenon of resistance, and to explore the deep reasons that lay at its heart. We will learn together about ways of providing effective psychotherapeutic

interventions when coming across a client's resistance to change in our clinical practice; there will be case examples to illustrate. There may also be an opportunity for a live demonstration of these concepts in psychotherapy.

Nataliya Yehonska- Spencer is a Psychologist, and a provisional IIPA and Transactional Analysis Supervisor/Trainer. She works as a psychotherapist in a private practice and teaches Integrative and TA programs in Ukraine & Russia.

9 — Workshop “The Therapist and the Erotic ” Simona Ramella Paia (Italy)

ROOM: Joffre D (30)

In this workshop we will discuss the meaning of erotism, sexual behavior and sexuality into the therapeutic dialogue between psychotherapist and client. Many therapists have difficulties in identifying sexuality in their clients' Life Scripts. We will use an Integrative perspective to understand the role of normal or abnormal sexuality and how to recognize sex addiction, anorgasmia, and impotence. There will be an opportunity to present your therapy cases for discussion in the group.

Simona Ramella Paia is a Psychologist and Psychotherapist who lives and works in Biella, Italy. She is a teacher in Turin into *Istituto torinese di Analisi Transazionale*; Sexologist and Court Counselor, she coordinates Masters Programs in Sexology and Juridictional Psychology.

10 – “Early Development, Attachment, and Relational-Needs: Creating a Therapeutic Relationship”. Lise Small (France).

ROOM: Joffre 5 (30)

In this workshop I will describe how I use the theories of early development, attachment, and Relational-Needs to provide an attuned therapeutic relationship. I will present a long-term case to illustrate how these concepts have been essential in helping to create a healing relationship with patients. A significant part of the workshop will involve interactive exchanges with the group to explore misattunements that cause interruptions in the therapy.

Lise Small is an Integrative Psychotherapy trainer and supervisor and a clinical Transactional Analysts. She has served on the editorial boards of the Transactional Analysis Journal and Les Actualities and has conducted training programs in France and Switzerland. She retired in 2015 and is now active as a consultant and volunteer in an organization that helps parents relate to their children as well as an association for women having difficult pregnancies. She also creates remarkable birthday cakes.

13:00 - 15:00 Lunch break.

Friday Afternoon, March 22

15:00 - 18:00 Ten 3-hour workshops.

1 - “Healing Fear: The Art of Treating Fear in Integrative Psychotherapy”. Annie Dufreney (France).

ROOM: Sully 3 (50)

From the most discreet to its most overwhelming form, the client's fear invades the process of psychotherapy and determines the therapeutic link between client and therapist. The task of the psychotherapist is to express his or her art of “*contact-in-relationship*” through enduring the client's attacks of fear. We will discuss the fear of change and how it functions to preserve stability and predictability. Through a live therapy demonstration and group discussion we will explore how attunement and involvement that are especially appropriate in the treatment of fear.

Annie Dufreney is a clinical psychologist, psychotherapist, trainer and supervisor in Integrative Psychotherapy as well as a trainer and supervisor in TA (PTSTA). She works with adults, individuals, and in groups in private practice, as well as leading regular training and supervision groups for psychotherapists.

2 - “My Partner is My Trainer: Relational Therapy with Couples”. Elena Guarrella (Italy).

ROOM: Louisville (30)

In this workshop I will describe how I apply body/ emotional/ behavioral/ cognitive methods in a relational integrative psychotherapy with couples. I will introduce the pentagon diagram as a way to orientate the direction of the couples therapy and as a way to select the methods appropriate to each couple. There may be a possibility for personal work and/or supervision of a case brought by an attendee.

Elena Maria Guarrella, certified Psychologist, registered Psychotherapist and Trainer. She works in Italy, London, Europe. IIPA International Trainer and Supervisor offers training courses of Integrative Psychotherapy and of “IP work with couples”. She loves psychotherapy with couples, groups, individuals. She is a Cta Trainer and Supervisor of Eata, President and Chair of the Training Area of Ianti, Institute of integrative TA, Rome.

3 – “Life Script and Masks”. Camelia Stavarache (Romania).

ROOM: Einstein (30)

This will be an interactive workshop in which we will take a metaphorical journey within the Self through meditation and symbols. We will create masks using symbolic materials such as paper, glass, and stone. There will be a demonstration of how I use this interactive experience in psychotherapy.

Camelia Stavarache is the president of the Integrative Psychotherapy Association (Romania), she is a Certified Integrative Psychotherapist, and has conducted the first child-birth process under hypnosis in Romania.

4 - “Relational Group Process in the Healing of Human-Inflicted Traumas”. Şafak Ebru Toksoy (Turkey).

ROOM: Sully 1 (50)

Human abuse creates psychological trauma and it is through human-caring that the adverse effects of trauma can be cured. In this presentation I will describe a research based intervention program for people who suffer from human-inflicted traumas such as terrorist attacks, migration, conflict, and war. I will draw on my work with victims of terrorist attacks as well as war refugees to describe and demonstrate the use of a Relational Group Process that focuses each individual’s narrative of their traumas, their strategies for survival, and their unique Relational-Needs.

Şafak Ebru Toksoy is a Certified International Integrative Psychotherapist. She has 24 years of experience in the field of mental health, 17 of which she was primarily involved in the psychotherapy of psychological trauma and its rehabilitation. She is currently completing her doctorate on Psychological Traumas and Disaster Studies in Istanbul.

5 - “The Diamond Model of Integrative Psychotherapy: An Introduction” Shlomo Ariel (Israel)

ROOM: Sully 2 (80)

The Diamond Model is a practice-oriented theoretical and methodological integration of the field of psychotherapy. It synthesizes numerous concepts, methods, and research findings from many sources, under a unified theoretical language. The model enables the therapist to look at each case from a multi-systemic perspective, explain the case and treat it by manifold techniques.

Shlomo Ariel is an Israeli senior clinical psychologist and family therapist. His 2018 book is *Multidimensional Psychotherapy with Families, Children and Adults: The Diamond Model*. UK: Routledge. His website is: <http://www.enjoymychild.com> .

6 - “Psychotherapy with the Difficult Client: Using the Philosophical Principles of Integrative Psychotherapy”. Ruth Birkebaek (UK).

ROOM: Barcelone (30)

We all have difficult clients with whom we feel uncomfortable and stuck. No technique or method seems to be good enough when working with difficult clients. They may trigger our own script beliefs. Such clients stimulate various questions: How can we use our countertransference to help our “difficult” clients? How do we make therapeutic-contact with these clients? How can I “be me” in contact with them? How can we create a therapeutic relationship that will be healing for them? The workshop will be experiential with an opportunity to learn how to apply the Philosophical Principles of Integrative Psychotherapy into practice, and to talk about one’s own feelings and experiences in a reflective environment.

Ruth Birkebaek MD is a Certified Integrative Psychotherapy Trainer & Supervisor (CIIPPTS), a Certified Transactional Analyst, a provisional Trainer & Supervisor (PTSTA) and a UKCP registered psychotherapist based in London. She provides psychotherapy to individuals & couples, online & face-to-face.

7 - “Three issues that Keep Sexual Abuse Survivors Locked in Old Behaviors”. Rose Matovich, Canada.

ROOM: Sully 3bis (30)

Sexual abuse and exploitation cause much of the injustice and hardship faced by women and consequently their children. This workshop addresses issues preventing healing by survivors of sexual abuse. Three overarching issues lock survivors in repetitive unproductive behaviors. This workshop offers tools for therapists to use in healing and integration. We will present two cases to describe and demonstrate healing interventions for these issues. Workshop participants may share a case and take part in a demonstration.

Rose Matovich has been working in the field of psychotherapy for over 35 years. During her career she has led groups for Survivors of Sexual Abuse, Perpetrators of Sexual Abuse, and has treated individuals struggling with the aftermath of abuse. She was an addictions counsellor for 18 years. Her training includes T.A. Imago Therapy, Psycho-drama, Self Regulation Therapy, and the Vancouver Professional Development Seminar in Integrative Psychotherapy.

8 - “The Enneagram: Facilitating Attunement and Involvement with Clients”. Victoria Cadarso (Spain).

ROOM: Tibériade (30)

The Enneagram is a powerful and insightful tool for personal transformation. It reveals nine different personality types as well as nine aspects of human consciousness. At its core, the Enneagram helps us to see ourselves and others at a deeper, more objective level. It can be of invaluable assistance on our path to self-knowledge as well as allowing us to assist others on their path to self development thus allowing for more attunement and involvement.

Victoria Cadarso is a Certified Integrative Psychotherapist and is certified by the Enneagram Institute of NY and combines both to help the client become more self aware and self-actualize.

9 – “Integrative Psychotherapy and Executive Coaching: The Use of Attunement and Involvement”. Olga Chiappini (France).

ROOM: Joffre D (30)

This workshop will teach and demonstrate the use of attunement and involvement in Executive Coaching. While the similarities and differences between Psychotherapy and Coaching will be presented, the primary focus will be on how IP theories and methods can be applied to coaching. This workshop will include a live demonstration and discussion of theory and applications.

Olga Chiappini: after 16 years of experience at IBM in France & USA, Olga became certified in coaching and started AXING in 2002 where she works as an Executive Coach in several international groups. She trained in TA with Carlo Moïso, in Integrative Psychotherapy with Richard Erskine, she is certified as a IIPA Counselor and creates a specific training program for coaches, ACM®, which integrates the theory and methods of IP. Since September 2107 she has led the Master of Coaching program at the University of Aix-Marseille.

10 - “Rhythmic Attuning: From an Early Lullaby to Therapeutic Presence”. Maria Luisa De Blasio (Italy).

ROOM: Joffre 5 (30)

The workshop will address the significance of rhythmic attunement in the psychotherapy of archaic traumas of attachment. We will focus on the first mutual modulation of bodily tensions between the baby and primary caretaker: the lullaby. The lullaby contains the essential elements of archaic rhythmic attunement: swinging, spontaneous movement of the body, cradling, imagining, melody of the voice ... the sense of self with the other ... the presence of self with the other.

A first part of the workshop will be devoted to the rhythmic tuning experience through a brief psychomotor group experience; the second part will be dedicated to a personal work or group process on the experience in the first part.

Maria Luisa De Blasio, a psychologist and Integrative Psychotherapist, living and working in Milan, I direct the Relationship Training Centre "From generation to generation".

Friday Evening, March 22

18:30 - 19:30 **Talent Show. Lindsay Stewart (Canada) Coordinator.**

Please join us for the talent show and experience first hand the healing power of live music. Expect to be entertained and moved as the musicians in our midst share their passion for self expression through music.

19:30 to late **Dinner to be arranged among friends.**

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| <h2>Saturday, March 23</h2> |
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Saturday Morning, March 23

9:00 - 10:45 **1st half of 10 workshops. 3 & 1/2 hours each.**

10:45 - 11:15 **Coffee break.**

11:15 - 13:00 **2nd half of the workshops.**

13:00 - 15:00 **Lunch break.**

1 - “The Relational Qualities of Therapeutic Presence”. Thierry Clugery (France).

ROOM: Barcelone (30)

The therapeutic processes of “Involvement” and “Attunement” are closely linked to both the personality of the therapist and the client's relational needs. In this workshop we will explore and develop our sensitivity to attunement and our capacity for involvement through the notion of therapeutic “presence”. The relational qualities that are essential in creating “presence” may be illustrated in a live therapy demonstration and group discussion. Via experiential exercises each participant will be invited to explore the qualities of her/his own therapeutic presence.

Thierry Clugéry is certified in Integrative Psychotherapy and is part of the certification process as a trainer and supervisor. As psychotherapist in Le Havre, he helps children, teenagers, adults, couples and families. Since 2017, he also offers a training course in integrative psychotherapy.

2 - “Attunement and Involvement in Group Therapy by Working on a Participant’s Dream”. Maria Assunta Giusti (Italy).

ROOM: Louisville (30)

This three-hour workshop will consist of a short theoretical introduction on dreams and how they can be used in group therapy to work on the 4 domains and promote attunement and involvement of the whole group. The group works on a dream brought by one of the participants. The theoretical part will be followed by a longer section of live group therapy on a dream brought by one of the participants. The aim is to demonstrate how through attunement and involvement the whole group can participate in working on dreams.

Maria Assunta Giusti is a Trainer and Supervisor in Integrative Psychotherapy and in TA. She works with adults and with children.

3 - “Relational Group Process”. Bob Cooke (UK).

ROOM: Einstein (30)

In this workshop I will be demonstrating the methods of an Integrative and Relational group therapy that will include the use of Inquiry, Attunement and Involvement within the therapeutic process. I will highlight the interplay between internal and external Contact, as well as focusing on the concepts of Relational Needs, early Script decisions, Transference, Self in relationship model, contracting, and the use of the Self within the relational group process. After the relational group process we will discuss the nuances of the therapy work observed.

Bob Cooke is a Teaching Supervising Transactional Analyst. He founded the Manchester Institute for Psychotherapy in 1988 and has taught extensively in the area of Relational Integrative Psychotherapy and Transactional Analysis.

4 – “Hallucinations, Delusions, and Fantasies: Understanding Client’s Unconscious Communications and Resolving Relational Disturbances”. Christine Huillier (France).

ROOM: Sully 1 (50)

Hallucinations, delusions, and fantasies are significant forms of unconscious communication that express profound relational disruptions, early survival adaptations, and desperate attempts to protect and self-stabilize. In this workshop, I will share how I use both my attunement and involvement to establish a relational security that allows my client to understand her history, how she coped with relational conflicts, and to develop a new sense of self. This workshop will include a live therapy demonstration and a discussion of the concepts and methods used in the psychotherapy.

Christine Huillier is a psychotherapist in Paris. She is also a trainer and supervisor with the EATA and IIPA. She teaches in Lille, France, in IAT-Lille l'ESPRI-AT school and also runs supervision groups in Paris.

5 - “Working with the Body in Integrative Psychotherapy”. Joshua Zavin (USA).

ROOM: Sully 2 (80)

The workshop will focus on how the body is involved in our psychological experiences, including the inhibition of feeling, the repression of memory and the maintenance of script. We will explore ways to use the basic methods of Integrative Psychotherapy – inquiry, attunement and involvement – in the treatment of our clients at the body level. Some experiential exercises will be suggested (optional) and there will be a live demonstration.

Joshua Zavin, Ph.D. is a clinical psychologist and licensed massage therapist in private practice in Morristown, New Jersey. His work is with adults in individual and couples' therapy. Joshua has been practicing from an Integrative Psychotherapy perspective for over 30 years.

6 - “The Hidden Child: Attunement and Involvement with Client’s Schizoid Processes”. Anthony Jannetti (USA).

ROOM: Sully 3 (50)

In this workshop I will use a case example to teach about the psychotherapy of the Schizoid process. Participants will learn how to stay connected to their clients who engage in schizoid processes through the psychotherapist's active involvement and attunement to their client's verbal and non-verbal cues. The client's use of a social façade, and what is behind it, will be explored. Participants will learn to identify the various intrapsychic splits within the client and how to deal with them through a variety of integrative psychotherapy techniques. A live demonstration using an audience volunteer may be used to capture many of the concepts discussed in this process.

Anthony Jannetti is a Certified Trainer and Supervisor of the International Integrative Psychotherapy Association. He has presented and conducted workshops in several European countries. He has a private practice in San Francisco, California where he does psychotherapy with individuals, couples and groups.

7 – “Developmental Attunement: Resolving Early Childhood Misattunements and Traumas”. Lynn Martin (UK).

ROOM: Sully 3bis (30)

Clients often regress in therapy to a time in their lives when unmet needs have left them "frozen" in a particular developmental stage. With an understanding of child development we can respond appropriately to clients in their regression whilst maintaining contact with our client's adult. This workshop will offer an opportunity to explore developmental attunement through case material, live therapy, and experiential exercises.

Lynn Martin is a Certified Integrative Psychotherapy Trainer and Supervisor and has been working in private practice in Devon in the UK for over 25 years. Much of her work has been with children and young people.

8 - "Attunement and Inquiry: The Subtle Methods of Establishing Psychotherapeutic Presence". Lindsay Stewart (Canada).

ROOM: Tibériade (30)

How do you feel about demonstrating your skills with attuned inquiry in front of an observing peer? When was the last time you had feedback on your inquiry skills from a peer? Do you believe that you can learn more about attuned inquiry? In this experiential workshop we hope to get to the heart of attuned inquiry as well as exploring its infinite subtleties. In groups of three be prepared to demonstrate your skill, to get some direct feedback and to offer your professional observations.

Lindsay Stewart is a Clinical Social Worker living in Vancouver, Canada where he has a private practice working with individuals, couples and groups. Lindsay is a founding member of the IIPA and has provided training groups and clinical consultation using the Integrative Psychotherapy model for over 18 years.

9 - "Art and Science of Attunement and Involvement with Silenced Clients: Integrating the Non-expressed, Unshared Stories of Trauma". Elena Martín & Alicia Pelayo (Spain).

ROOM: Joffre D (30)

This workshop will focus on psychotherapist's awareness of countertransference and attunement to clients' non-verbal intrapsychic and relational dynamics. Our involvement, full presence and sensitivity to non-verbal expressions is significant in addressing clients' silenced stories of trauma. The use of therapist's "aware countertransference" as a guide in order to do careful phenomenological inquiry will facilitate the client awareness and or conceptualization of repressed traumatic memories This will lead to the integration of denied, disavowed and ashamed aspects of the self. In this workshop we will use experiential exercises to illustrate the concepts and we will share in a discussion.

Elena Martín de Hervas is a Clinical Psychologist. She is a Certified Integrative psychologist CIIP, and a Certified Teacher and Supervisor in Integrative Psychotherapy. She is Gestalt Specialist, and Certified Transactional Analyst. She works in private practice with adults in Madrid. As Trainer and Supervisor Elena runs several groups of training and supervision in Integrative Psychotherapy and Transactional Analysis.

Alicia Pelayo is a Psychiatrist and Psychologist. She is certified in Transactional Analysis by the EATA and is a certified Integrative Psychotherapy Trainer and Supervisor by the IIPA. She is also a Psychodramatist and Expert in Couple and Sexual Therapy. Currently she works in Madrid as a Psychotherapist, Supervisor and Teacher.

10 – Trainer and Supervisor’s Evaluation: Conclusion. Richard Erskine & Sally Openshaw

ROOM: Joffre 5 (30)

This three-hour group process session will be the conclusion of the teaching and supervision evaluations. It is an opportunity for candidates to receive additional feedback on the evaluation process and to plan their continued professional development.

Saturday Afternoon, March 23

15:00 - 18:00 Closing Ceremony:

“A Relational and Developmentally Focused Integrative Psychotherapy: Past, Present, and Future”. Key-note address by Richard Erskine.

Some well-deserved recognitions: Joshua Zavin.

A musical ending: Carol Fishman and Chris Redfern.

20:00 to Sunday a.m: Gala Dinner and Dancing.